

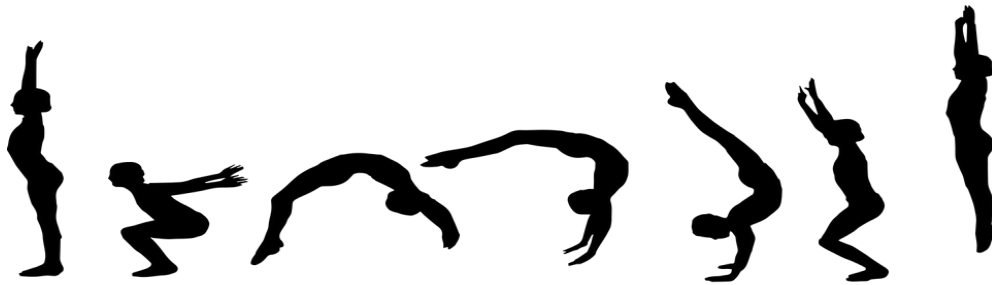
Private Lessons

Dahlonge Gymnastics is happy to offer 2 options for private lessons!

30 Minute Lesson - \$25

60 Minute Lesson - \$50

Please be aware that payment is due at the end of each lesson.



Lessons are booked directly with the coach of your choosing. You will need to coordinate a date and time with the coach that you select.

DG does not schedule any private lessons for athletes.

Your lesson will start at the time that was agreed upon, regardless of the time that you arrive. Our coaches also have a full schedule here at the gym that they must be available to teach.

If you need to cancel a booked lesson you MUST give at least a 3 hour notice to avoid being charged.

1. Annsley Shivers - 706.974.6548 -

Former USA Level 9 - Current Asst. Head Coach Team Program USA 4-9

2. Sara Alford - 706.525.8165 -

Former USA Level 10 - Current Coach Team Program USA 4-9 and tumbling Instructor.

3. Courtney Adams - 770.601.4127 -

Former USA Level 5 Gymnast - Current Team Coach Program AAU 3 and gymnastics instructor.

4. Kayla Wyatt - 706.300.1781 -

Current Gymstar Coach and gymnastics instructor.